

BREAKFAST



Breakfast Platter (2 Pax)

Bread, Fruit Jam, Butter, Cheese, Ham and two Pastéis de Nata



NATA Lisboa Breakfast

Bread with Cheese/Ham/Fruit Jam or Toast, Hot Drink*, Pastel de Nata
* Hot Chocolate, NATA Café and NATA Chá not included.



FAST MENU

White Coffee or Glass of Milk or Espresso, Croissant or Bread with Butter



TOAST MENU

White Coffee or Glass of Milk, Toast or Bread with Butter and Espresso



VITAMIN MENU

Orange Juice, Croissant or Bread with Butter and Espresso



CROISSANT MENU

White Coffee or Glass of Milk, Croissant with Butter and Espresso

Brunch NATA Lisboa



Bread, croissant, butter, fruit jam, cheese, ham, scrambled eggs, yoghurt with muesli/granola, orange juice and a hot drink*.

* Hot Chocolate, Cappuccino, NATA Café and NATA Chá not included.

Yo NATA

Fresh yoghurt made with natural ingredients, fibre, protein and vitamins.

Creamy • Low Fat • Lactose Free

Natural Granola or Muesli

Raisins and fresh fruit or fruit jam.

Medium/Large



MENU



ALFACINHA MENU

Lisbon Sandwich, Soft Drink (or 33 cl Beer), Pastel de Nata and Espresso
With Lisboa Sandwich Smoked Salmon/Queijo da Serra Pork Loin with Serra Cheese



SALAD MENU

Salad NATA Lisboa, Soft Drink (or 33 cl beer) and Pastel de Nata



BIFANA MENU

Bifana served with crisps fried in olive oil, Soft Drink (or 33 cl Beer), Pastel de Nata and Espresso



SAVOURY SNACKS MENU

3 Traditional Savoury Snacks, Green Salad, Soft Drink* (or 33 cl Beer) and Pastel de Nata



QUICHE MENU

Quiche, Salad, Soft Drink (or 33 cl Beer) and Pastel de Nata



SAVOURY MENU

Two pies, Green Salad, Soft Drink (or 33 cl Beer) and Pastel de Nata

ADD A SOUP TO ANY MENU: **CLASSIC SOUPS /GOURMET SOUP**

Lisboa Platter

3 slices chosen from the offer of the day options;
1 small bowl of olives seasoned with extra virgin olive oil and oregano.



Ibérica Platter



A careful selection of Mediterranean products with authentic flavours and highly nutritional.
Toasted rustic bread with olive oil and oregano, olives, pumpkin or red berries fruit jam, serrano ham, sliced pork loin, Portuguese matured cheese (queijo da ilha), semi-cured cheese, roasted red pepper.

(images for illustrative purposes only)

EN



Menu

THE WORLD NEEDS NATA

“Nata Lisboa, pour mettre en valeur l’art de vivre Lisboète à l’international”
in *Le Monde*

“Everything about Nata pays homage to the portuguese capital”
in *Monocle* “A Nata da Nata”
in *Expresso*



PORTUGAL • SPAIN • AUSTRIA • UNITED ARAB EMIRATES
UNITED KINGDOM • ANGOLA • GERMANY • POLAND • TURKEY



FOOD ALLERGY AND INTOLERANCE

In case you need any information regarding food allergens, please speak to a member of our staff before placing your order.

HOT DRINKS

NATA Café



NATA Café Essências 12,5 cl

Drink made with coffee, whipped cream, cocoa truffles and an essence of your choice.*
If you want an even more intense flavour, we will add a drop of whisky.

NATA Café Cremoso 20 cl

Drink made with coffee, milk, whipped cream, cocoa truffles, with a mild essence of your choice.*

* Caramel, Cocoa and Hazelnut, Dark Chocolate, White Chocolate.

NATA Chá



Pot of Tea for one 30 cl/for two 60 cl

NATA Chá Premium Collection – Ceylon • Chocolate and Spices • Green Tea • English Breakfast • Mint • Jasmine • White Peach
NATA Chá Balance Collection – Oriental Apple • Pina Colada • Chamomile • Rooibos/Vanilla • Lime Blossom • Summer Fruit • Lemon Verbena and Tangerine

Bica (Single Espresso)/Bica Dupla (Double Espresso)

Café Pingado (Espresso w/ a Drop of Milk)

Abatanado (Black Coffee)

Decaffeinated Espresso

Bica c/ Cheirinho (espresso flavoured w/ Portuguese firewater)

Galão (Latte)

Meia de Leite (White Coffee)

Garoto (Machiato)

Glass of Milk

Cappuccino

Tea 1 pax/2 pax

Carioca de Limão (Lemon Infusion in Small Cup)/large

Hot Chocolate* shot/cup

Hot Chocolate* with Wild Berries Topping and Whipped Cream

* Seasonal product.



COLD DRINKS

Orange Juice "freshly squeezed"

Chocolate Milk - UCAL

Mineral Water still 33 cl/sparkling 33 cl/flavoured 25 cl

Tonic Water

Beer bottle 20 cl/33 cl

Draught Beer 20 cl/50 cl

Alcohol-free Beer bottle 33 cl

Somersby

Panaché

Soft Drinks/Juices/Compal Nectar (various flavours)



NATA Fresh



REFRESHING DRINKS – A delicious selection of Lisbon refreshing drinks.

Redcurrant • Maidenhair (Capilé) • Mandarin • Green Tea of Gorreana • Lemongrass

Lemonade • Lemon-thyme • Iced Tea

Mazagran (with alcohol)

Winner of "the best Mazagran in town" – Time Out Lisboa.

JUICES* – Freshly squeezed. Medium 20 cl/Large 33 cl

Pineapple, Apple with Ginger and Mint • Mango and Orange • Mango, Orange and Carrot

Kiwi, Pineapple with Mint

SLUSHIES* – Made from biological juices and natural extracts.

Strawberry, Pomegranate and Bilberries • Mango, Melissa and Chamomile Flower

Almond, Green Coffee and Ginseng • Green Tea, Lime and Mint Rose Hip, Orange, Lemon and Carrot

* Seasonal product. Please check today's offer.

TO FEED THE SPIRIT

Pastel de Nata



Toast with Butter 1 slice/2 slices

Toast with Traditional Portuguese Fruit Jam (choice of flavour)

1 slice/2 slice

Cheese and Ham Toast (rustic bread or loaf bread)



Bread of the Day:*

Butter

Fruit Jam (choice of flavour)

Nutella

Cheese or Ham

Cheese and Ham

* Carob Roll • Rustic Bread Rolls • Multigrain Bread Rolls



Croissant/Brioche Croissant/Multigrain Croissant:

Plain

Butter

Fruit Jam (choice of flavour)

Nutella

Cheese or Ham

Cheese and Ham



Traditional Cakes - slice:

Old recipes from around the world. Please check today's offer.



Rice Flour Cake

Brownie/Muffins

Conventual Sweets/Traditional Cheese Tartlets

Chocolate Neapolitan

Scone

Scone with Butter or Fruit Jam 1 un/2 un



Chorizo Bread Roll

Cheese and Ham Puff Pastry



Savoury Pies/Quiche:**

A selection of traditional recipes. Please check today's offer.



Traditional Snacks:**

Prawn Rissoles, Cod Fritters, Beef Croquettes and Chicken Pear.



** Garnish: Green Salad

ICE CREAM, CREPES & WAFFLES

Cup/Waffle Cone 1/2 /3 Scoops

Menu: Pastel de Nata and Coffee Ice Cream

Hot Chocolate with Ice Cream and Hazelnut Topping

Coffee with Ice Cream



Crepe/Waffle Plain

Crepe/Waffle with 1 Scoop

Crepe/Waffle with 2 Scoops

Crepe/Waffle with Nutella

Crepe/Waffle Alfacinha



SUGGESTIONS FOR YOUR LUNCH

Lisboa Sandwiches Delicious recipes in rustic bread.

SERRANO HAM

Serrano ham (prosciutto), oregano and olive oil.

BRAISED CHICKEN

Braised chicken, black olive paste, rocket (arugula), tomato, grated Portuguese matured cheese (Queijo da Ilha), mayonnaise or olive oil.

SMOKED TURKEY WITH MATURED CHEESE

Smoked turkey ham, grated Portuguese matured cheese (Queijo da Ilha), rocket (arugula), tomato and chives.

TUNA WITH ONIONS

Tuna in olive oil, chopped onions, red wine vinegar and fresh parsley.

SARDINE WITH ROASTED RED PEPPERS

Boneless sardine in olive oil, roasted red peppers and oregano.

VEGAN

Black olive paste, tomato, tofu, rocket (arugula), roasted red peppers, cream of balsamic vinegar and oregano.

SERRA CHEESE

Portuguese creamy sheep's cheese.

PORK LOIN WITH SERRA CHEESE

Smoked pork loin ham, Portuguese creamy sheep's cheese, rocket (arugula), tomato and chives.

SMOKED SALMON

Smoked salmon, Philadelphia cheese, tomato and chives.

Garnish: Green Salad



Bifana

Traditional pork steak in a bread roll served with crisps fried in olive oil.



NATA Lisboa Salads

Delicious and healthy recipes.

BRAISED CHICKEN

Braised chicken, lettuce mix, tomato, sweet corn, black olive, grated Portuguese matured cheese (Queijo da Ilha), crouton, olive oil and oregano.

SMOKED TURKEY

Smoked turkey ham, lettuce mix, tomato, grated Portuguese matured cheese, apple, crouton, chives and olive oil.

FRESH CHEESE

Fresh semi-skimmed cheese, lettuce mix, tomato, honey, chives, crouton, salt and pepper, olive oil and red wine vinegar.

TUNA

Tuna fillet, lettuce mix, tomato, crouton, red wine vinegar, olive oil and oregano.

SARDINE WITH ROASTED RED PEPPERS

Boneless sardine, roasted red peppers, lettuce mix, tomato, white onion, black olive, red wine vinegar, olive oil and oregano.

VEGAN

Tofu, roasted red pepper, lettuce mix, tomato, red fruit jam, crouton, chives, cream of balsamic vinegar, olive oil and oregano.



Soups and Creams

Our selection of home-made recipes.

Classic Soups/Gourmet Soups

Please check today's offer.



DRINKS WITH SOUL

Ginjinha (Portuguese Cherry Liqueur)

Moscatel (Muscat Wine)

Port Wine

Madeira Wine

White Port Wine with Tonic Water

Licor Beirão

Red Wine Douro/Alentejo glass 15 cl/bottle 75 cl

White Wine Douro/Alentejo glass 15 cl/bottle 75 cl

Vinho Verde glass 15 cl/bottle 75 cl

Rosé Wine glass 15 cl/bottle 75 cl



Sangria

Red Wine glass*/jug 1/1,5 l

Rosé Wine glass*/jug 1/1,5 l

Sparkling White Wine jug 1,5 l

*Please check today's offer.

